

## Know your rights

- We can arrange for an interpreter if you or your family need one.
- Let us know if you want or need information in a certain way and we will try and do this.
- Our service is confidential. We will discuss with you who we share your information with. However, if we are concerned about the safety of a child/ young person we have a duty to report this.

## Access to us

If a young person requires help from our team they are referred to us by the young person's GP, School Nurse, Social Worker or any professional involved in their care. A referral form must be completed with clear evidence of learning disabilities, along with a consent form in order to be considered.

## Safeguarding Children

The East Yorkshire Children's Learning Disability Community Team is committed to working with the East Riding Safeguarding Children's Board.

Guidelines and the Principles of the Children Act 1989 (updated 2004).

## Contact Us

East Yorkshire Children's Learning Disability Community Team  
Hub School and Specialist Services  
Springhead Lane  
Anlaby Common  
Hull  
HU5 5YJ  
Tel. 01482 396703

## Patient Advice and Liaison Service (PALS)

**PALS and Complaints Department** **PALS can be contacted on:**  
Humber NHS Foundation Trust,  
Trust Headquarters,

Willerby Hill  
Beverley Road,  
Willerby  
HU10 6ED

Tel. 01482 303966  
Email. HNF-TR.pals@nhs.net

**Complaints can be contacted on:**  
Tel. 01482 303930  
Email. HNF-  
TR.complaints@nhs.net

## East Yorkshire Children's Learning Disability Community Team



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Have a say, make a difference.  
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## What is the Children's Learning Disability Community Team?

The Children's Learning Disability Community Team is part of the Child and Adolescent Mental Health Service (CAMHS). We are a small team consisting of:



Team Leader



Learning disability  
nurses



Psychiatrist



Psychologist

We are based within the East Riding Hub School and Specialist Services.

## What can we help with?

- Psychiatry assessment (where appropriate) following assessment and intervention
- Unsettled or disruptive behaviours which would display as moderate to severe in frequency and intensity impacting on daily activities, that occurs within the home and possibly other environments.
- A significant change in behaviour in relation to emotional wellbeing, anxiety, anger, low mood or repetitive behaviours and routines.

**Note:** We also provide support for toileting, sleep, and understanding of learning disability and specialist assessments including ADHD, in addition to the behaviours noted above.

## What is a learning disability?

It is a lifelong impairment, which affects a person across all areas of their life and is present from birth. It is not the same as a learning difficulty which tends to refer to a specific difficulty with a skill such as reading and writing.

There are three core criteria for learning disability:

- **Significant impairment of intellectual functioning**  
This means difficulties understanding, learning and remembering new things and in generalising any learning to new situations. This generally refers to an IQ of 69 or less in children.
- **Significant impairment of adaptive/social functioning**  
This means difficulties with a number of social tasks e.g. communication, self-care, awareness and health and safety. This means the young person may struggle to cope on a day-to-day basis with the demands of their environment.  
  
The young person may require significant assistance with daily living skills (e.g. eating and drinking and to keep clean, warm and clothed) or with being included in their community.
- **Age of onset before adulthood.**

(British Psychological Society, 2000)

## What we do

- ✓ Work with young people and families aged between 5 and 18.
- ✓ Consult with professionals in a number of services e.g. health, education, social care, and universal agencies.
- ✓ Work collaboratively to try and understand a young person's experiences and behaviour.
- ✓ Meet young people and families in various settings such as school, short term care, health centres and the family home.
- ✓ Support the young person to work towards an agreed plan of care.
- ✓ Provide an evidence based service to young people and their families. Including PBS Plans and adapted Cognitive Behavioural approaches.