



Edition 55 - Thursday 25 October 2018

Spotlight on... T.Y.L.E.R

Do you know someone aged between 14 and 25?

Are they passionate about making a difference to young people's lives?

T.Y.L.E.R (The Young Leaders of East Riding) are looking for young people's views and opinions on bullying. The group have 3 questions they would like young people to answer so they can feedback about the impact bullying has on young people's lives to the Local Council.

1. How does bullying impact on young people's lives, how does it make them feel?
2. Do you think there is enough support for young people that have or are experiencing bullying?
3. What support do you think can be put in place to help people being bullied or that have experienced it?

T.Y.L.E.R would really appreciate your feedback so they can continue to make a difference to young people's lives and make sure there is support available.

If you would like to answer the questions, please send your answers to aneliese.woodmansey@eastriding.gov.uk. All answers will remain confidential and anonymous.

For further information please contact Aneliese on (01482) 396469.

FISH update

Freedom Activity Support Payment (FASP) – Parent Carers who were awarded FASP in June 2018 should have received a monitoring form. To receive the second instalment, the form must be completed and returned to the FASP team by **Tuesday 30 October 2018**.

If you have any queries, or have not received a monitoring form, please contact the FASP team.

Email: fasp@eastriding.gov.uk

Tel: (01482) 394000

Local offer update

ERYC SEND Newsletter (Sept–Oct 2018) click [here](#) to view

East Yorkshire Parent Carer Forum

Your forum needs YOU!! EYPCF have been incredibly busy hosting coffee mornings and workshops, attending meetings to represent parent carers to help influence future services and provisions. To sustain our work for parent carers we really need to recruit **new members to our steering group**. This role involves attending meetings with

the Local authority and other professionals (full training given), attending coffee mornings and workshops to welcome and support parent carers. Probably the most important aspect is to be available to talk to parent carers to reassure them that they are not alone and to help to sign post to the relevant people who can help.

If you are interested in joining us, please get in touch for an informal chat.

Email: admin@eypcf.co.uk, or telephone (01262) 678283.

We look forward to hearing from you.

Workshop: Knowledge, Information and Support

Thanks to our successful bid for funding from the National Lottery this is the first of 6 workshops that we will be rolling out across the East Riding. The workshop will deliver information about the SEND process from early SEN support right through to the completion of the Education, Health and Care Plan (EHCP) and all the steps around identification and assessment.

This is an opportunity to come along and have some time out in pleasant surroundings, enjoy a lovely lunch and chat to other parent/carers with similar experiences. We will also hold a prize draw for a day pass to the Spa.

Date: Tuesday 6 November 2018

Venue: Bell Hotel, Driffield, YO25 6AN

Other dates for this workshop:

- Tuesday 15 January 2019 – Tickton Grange, Tickton, HU17 9SH
- Wednesday 13 March 2019 – Grange Park Hotel, Willerby, HU10 6EA
- Thursday 25 April 2019 – Lowther Hotel, Goole, DN14 5QW
- Wednesday 15 May 2019 – Guys Café, Patrington Haven HU12 0PT
- Tuesday 13 June 2019 – KP Resort, Kilnwick Percy, Pocklington, YO42 1UF

Legal Awareness Sessions - Covering: Trusts, Wills, Power of Attorney –
presented by Irwin Mitchell.

Date: Tuesday 20 November 2018

Times : 10am to 2pm

Venue: Lairgate Hotel, Beverley, HU17 8EP.

All workshops:

Time: 10am to 2pm

Cost: FREE

Contact: Karen Sanderson to book on the above workshops or coffee mornings

Tel: EYPCF tel: (01262) 678283, Mobile 07813 676941

Email: admin@eypcf.co.uk

Parent Carer Support Groups

There are a number of parent carer support groups running across the East Riding and surrounding areas. To view information about these groups please click [here](#).

To view National support organisations, please click [here](#) (These links will take you to the Local Offer website).

Beverley

Finding Your Voice – East Riding Theatre (ERT) – Are you looking to build your confidence and social skills. ERT are running some inclusive creative workshops for young people aged between 16 and 25, that will help you find your voice through imaginative outlets, all while developing skills such as Confidence, Teamwork, Communication Skills, Social Skills, Creative Skills and More.

Dates: Thursday 25 October, Monday 29 October, Thursday 1 November

Times: 10am – 12 noon

Date: Monday 5 November

Time: 9.30am – 4.30pm

Venue: East Riding Theatre, 10 Lord Roberts Road, Beverley, HU17 9BE

Contact: To book your place, please call Alister on (01482) 887670 or

Email: alister.marriott@eastriding.gov.uk

Bridlington and Driffield

Maxi Fun Club - Exclusive Swimming & Splash Zone Session – for families of children with Special Educational Needs and Disabilities.

Dates: Saturday 27 October 2018

Time: 6.15 – 7.45 pm

Cost: £3 per person.

Venue: East Riding Leisure Bridlington, The Promenade, Bridlington, YO15 2QQ

Contact: Tony on 07837 225618 to book this activity or for more information. **Web:**

<http://www.eastridingleisure.co.uk/bridlington/swimming/>

Bridlington Spa - Jack and the Beanstalk - Relaxed performance: a specially adapted and relaxed performance for customers with a wide range of disabilities and for those on the autistic spectrum

Date: Sunday 15 December 2018

Time: 5pm

British Sign Language signed performances

Date: Sunday 23 December 2018

Time: 1pm

Date: Thursday 27 December 2018

Time: 5pm

Venue: Bridlington Spa Theatre, South Marine Drive, Bridlington, YO15 3JH

Contact: Box Office tel: (01262) 678258

Web: www.bridspa.com

Haltemprice

Maxi Fun Club – for families of children with Special Educational Needs and Disabilities.

Exclusive Swim Night - just turn up to participate.

Dates: Fridays 26 October, 2 November, 9 November and 16 November 2018

Time: 7.30-9 pm

Cost: £2 per person

Venue: Haltemprice Leisure Centre, Springfield Way, Anlaby, HU10 6QJ

Contact: Tony 07837 225618 for further information

Maxi Fun Club – Soft Play & Bouncy Castle Party

Dates: Saturday 27 October 2018, Saturday 24 November 2018

Time: 3.30- 4.30 pm Party tea 4.30-5 pm.

Cost: £2 for play or £3.50 per child for food.

Venue: Haltemprice Leisure Centre, Springfield Way, Anlaby, HU10 6QJ

Contact: You MUST text Helen 07773 310503 (by Wednesday 24 October 2018) to book this if you are staying for food.

Goole

Foetal Alcohol Syndrome Disorder (FASD) – Coffee Mornings – Affiliated with FASD UK – Are you raising a child with Prenatal Alcohol Exposure? Come along for friendship, encouragement, information and resources.

Dates: Thursday 13 December 2018, Thursday 17 January 2019

Times: 10-11.30am

Venue: The Courtyard, Boothferry Rd, Goole, DN14 6AE

Contact: Penny on tel: 07595313724

Email: fasdnetwork@mail.com

Junction Relaxed Performance – TaleGate Theatre: Sleeping Beauty - For the first time there will be a relaxed performance of Sleeping Beauty, aimed at those on the Autism Spectrum and younger children attending the theatre for the first time. This will include reduced volume levels & low level lighting throughout.

Date: Saturday 22 December 2018

Time: 11am

Cost: Tickets £6.50 (children), £12 (adults) Carers tickets and group bookings also available.

Venue: Junction, Paradise Place, Goole, DN14 5DL

Contact: Box Office for more information about relaxed performances and suitability on tel: (01405) 763652

Web: Tickets available here: <https://junctiongoole.ticketsolve.com/shows/873594448>

Wolds and Dale

Swim Mobility - Unstructured swimming sessions for people with disabilities and their family and carers. Accessible changing room with a changing bed and hoist, front facing disabled access steps for the pool and also a hoist if required to gain entry into the pool.

Dates: Thursdays 1.00-2.00pm

Saturday 3.30-4pm

Cost: The person with the disability pays and the parent carer goes free.

Venue: Francis Scaife Sports Centre, Burnby Lane, Pocklington, YO42 2QE

Contact: East Riding Leisure Francis Scaife tel: (01759) 305052

East Riding wide and Hull/York catchment

East Hull Teen Group – For children aged 11+ who have Autism or any other special need. The group offers the chance to learn new social skills, and create new friendships whilst having fun – all within in a safe environment. Children must be accompanied by their parent/carer. Siblings are welcome to join in as they are also part of the family and support can be given. Parents are always willing to listen to any problem, give advice, help with paperwork and direct to relevant organisations etc.,

Dates: Wednesday evenings (fortnightly) – next group 7 November 2018

Times: 6.30 – 8.30PM

Cost: £2 per child, parent/carer FREE

Venue: Ings Plus, Ings Resource Centre, Savoy Road, HULL HU8 0TX

Contact: Debbie Bateman (01482) 795700 / 07880035294

Maxi Fun Club – for families of children with Special Educational Needs and Disabilities.

Maxi Fun Club - Bowling

Dates: Mondays: 29 October, 5 November, 19 November 2018

Time: 5 pm

Cost: £3.50 (for 2 games & small meal) (Guests £7)

Venue: Hollywood Bowl, Gibraltar Road, Kingswood, Hull HU7 3DB

Contact: Tony tel: 07837 225618 to book.

Maxi Fun Club - Big Fun – Just turn up to participate.

Dates: Mondays: 12 November, 26 November 2018

Time: 5-7 pm

Cost: £2.50 (Guests £5)

Venue: Big Fun, 335 National Avenue, Hull, HU5 4JB

Contact: Helen tel: 07773 310503 for further information (but not before noon).

Special Stars Foundation – Sunday Club – a drop-in sensory play session for children and young people with disabilities and their families or carers. No need to book, just turn up, enjoy a hot drink and a cake, have some fun and connect with other families raising a disabled child/young person. Siblings are welcome.

There is a wide range of sensory toys and equipment, an arts and crafts table, soft play, a games room with iPads and 2DS's, games and lots more!

Fully WC accessible.

Dates: Every Sunday

Time: 2pm-4pm

Cost: £1 per person, includes refreshments

Venue: Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

Contact: Special Stars Foundation on tel: (01482) 227657

Email: bookings@heyspecialstars.co.uk

Special Stars Foundation – Inclusive Bounce Session - aimed at children and young people with disabilities age 12 and under. There will be reduced sound and lighting, sensory tents and apparatus.

Dates: First Saturday of every month

Time: 10:00am-11:00am

Cost: £5 per person jumping, including carers / siblings.

Socks can be bought for £1 on the day if you don't have them already.

Tickets must be pre-purchased online prior to the event www.heyspecialstars.co.uk/shop

Venue: Gravity Trampoline Park, St Stephens Shopping Centre, Hull, HU1

Contact: Special Stars Foundation tel: (01482) 227657

Email: bookings@heyspecialstars.co.uk

Special Stars Foundation – Sounding Special – A Music and Makaton group for children and young people with special needs and their families/carers. This friendly group uses Makaton to support their singing, at a pace that everyone can keep up with and enjoy. Lots of fun interactive games and rhymes.

No experience of Makaton is needed, everyone welcome, all ages and abilities.
WC accessible building, hoist and free parking available
Refreshments and toys will be available at the end of the session, for anyone that would like to stay to meet other families.

Date: Saturday 27 October, Saturday 24 November 2018

Time: 10.30m – 12.30pm

Cost: £1.00 per child. Payable on the day, please pre book your places via email

Email: bookings@heyspecialstars.co.uk

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Special Stars Foundation – Messy Play with Mess Around – sensory messy play sessions for children and young people with disabilities (siblings welcome)

Each session will have a small group (maximum of 15 children/young people) to keep it as calm and as fun as possible. Items such as shaving foam/glitter/water/sand/paint will be used at this session so please dress your children/young people in clothes they don't mind getting messy in or bring a change of clothes. Wheelchair users are more than welcome, tables will be set up to explore the sensory trays for those who cannot sit on the floor

Dates: Saturday 10th November 2018

Times: Session 1 – 10am-11am

Session 2 – 11.30am – 12.30pm

Cost: £2.50 – Ticket only event, tickets must be booked online at

www.heyspecialstars.co.uk/shop

Venue: Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

Contact: bookings@heyspecialstars.co.uk

Special Stars Foundation – Hydrotherapy Swimming Sessions at Tweendykes

Special School – 1 hour hydrotherapy pool sessions – limited to 18 places available per session.

Facilities include: fully accessible changing facilities and hoists make the hydrotherapy pool suitable for all (Please note you will need to bring your own sling if you need to use the hoist). Lights, music and pool toys available, you can also bring your own floatation devices and pool toys.

Dates: Saturday 27 October 2018, Thursday 1 November 2018

Times: Session 1 – 10.00am – 11.00am

Session 2 – 11.00am – 12.0pm

Cost: £3.00 per person, Ticket only event, tickets must be booked online at

www.heyspecialstars.co.uk/shop

Venue: Tweendykes Special School, Midmere Learning Village, Leads Road, Hull, HU7 4PW

Special Stars Foundation – Hydrotherapy Swimming Sessions – Ganton Special School – 1 hour hydrotherapy pool sessions.

Fully accessible changing facilities and hoists make the hydrotherapy pool suitable for all. (Please note you will need to bring your own sling if you need to use the hoist). Lights, music and pool toys available or you can also bring your own floatation devices and pool toys

Please note: We require 24 hours' notice for cancellations

Date: Saturday 10 November 2018

Times: Session 1 – 12.30pm – 1.30pm

Session 2 – 1.30pm – 2.30pm

Cost: £3.00 per person – Ticket only event, tickets must be booked online at www.heyspecialstars.co.uk/shop

Venue: Ganton Special School, 294 Anlaby Park Road South, Hull, HU4 7JB

Contact: bookings@heyspecialstars.co.uk

Individual Advice and Support Session for Parents Carers - C.I.S.S. (Carers Information and Support Service) provide advice, support and bespoke care plans to support the person providing the care and the family. These free private 1-1 sessions are open to anyone caring for a person with a disability, of any age. It may be that you are in need of some support or advice regarding your caring responsibilities; your own mental health, help with registering as a carer with your GP, advice around accessing carers breaks, you will also be given information about access to courses, further support services and an option to use their advocacy service. Ongoing support will be offered to ensure the carer reaches their desired goals and increases their health, well-being and social functioning.

Dates: Thursday 29 November 2018

Times: 1-hour slots are available from 10am to 3pm

Cost: Free

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Email: bookings@heyspecialstars.co.uk

Private 1-1 Physiotherapy sessions with Physiotherapist Kevin Allen - specifically aimed at members who have a significant physical disability.

Dates: Friday 9 November 2018

Friday 23 November 2018

Time: 12pm – 4pm (30 Minutes slots)

Please arrive at least 15 minutes before your slot to complete relevant paperwork and to ensure your session starts on time.

Cost: £15.00

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Book your session online at www.heyspecialstars.co.uk/shop

Contact: bookings@heyspecialstars.co.uk

Special Stars Foundation provides training at their premises.

- **Makaton Beginner's Workshop (2 Day Course)**
- **E-Learning for Parents, Carers and Professionals**

Please look on the website for more information

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Contact: bookings@heyspecialstars.co.uk

Web: <https://www.heyspecialstars.co.uk/events>

Hull New Theatre – Cinderella - Relaxed performance: specifically designed to welcome people with a learning disability, Down's Syndrome, Autism Spectrum Condition or sensory and communication disorders and their families. There is a relaxed attitude to noise and movement and small changes to the lighting and sound effects.

Date: Thursday 13 December 2018

Time: 7pm

Venue: Hull New Theatre, Kingston square, Hull, HU1 3HF

Contact: Box Office tel: (01482) 300306

Web: www.hulltheatres.co.uk/events/cinderella-relaxed-performance

Hull Truck Theatre - The Ugly Duckling - Relaxed performance

Date: Saturday 5 January 2019

Time: 10.30am

Venue: Hull Truck Theatre, 50 Ferensway, Hull, HU2 8LB

Contact: Box Office tel: (01482) 323638

Web: www.hulltruck.co.uk

Grand Opera House York - Cinderella

Relaxed performance

Date: Friday 21 December 2018

Signed and captioned performance

Date: Friday 4 January 2019

Audio described performance

Date: Saturday 5 January 2019

Venue: Grand Opera House York, Cumberland Street, York, North Yorkshire, YO1 9SW

Contact: Box Office: 0844 8472322

Web: www.grandoperahouseyork.org.uk

Developmental Coordination Disorder and Motor Skill Difficulties - This course is aimed at **SENDCos, Teachers and Teaching Assistants** with an interest in supporting children with motor skill or coordination difficulties.

Aims of the course

- Understand more about the challenges pupils face
- Have some practical strategies to help
- See and try a range of useful resources

Date: Thursday 8 November 2018—Beverley

Wednesday 3 April 2019—Pocklington

Time: 1—3:30pm

Venue: TBC

Cost: Free

Contact: Sensory and Physical Teaching Service (01482) 394000 to book a place

Email: SpecialistServices.HUB@eastriding.gcsx.gov.uk

*Please note, course booking will close 2 weeks prior to the course

Introduction to Handwriting - This course is aimed at **SENDCos/Early Years Teachers** and anyone with an interest in improving children's handwriting.

Aims of the course

- pre-handwriting skills
- how to teach handwriting
- strategies to support handwriting difficulties
- suggesting resources

Dates: Thursday 29 November—Beverley,

Thursday 31 January—Goole

Thursday 21 March—Hedon

Thursday 27 June—Bridlington

Tuesday 4 July—Hessle

Time: 1-4pm

Venue: TBC

Cost: Free

Contact: Sensory and Physical Teaching Service (01482) 394000 to book a place

Email: SpecialistServices.HUB@eastriding.gcsx.gov.uk

*Please note, course booking will close 2 weeks prior to the course

Moving and Handling - 2 day full course - aimed at professionals who work with pupils who cannot physically move themselves.

Aims of the course

- Legal Responsibilities
- How to Move Pupils Safely
- Hoist Training (if appropriate)
- Looking After Yourself when Handling

Dates: Wednesday 16 & Thursday 17 January 2019

Tuesday 11 & Wednesday 12 June 2019

Moving and Handling – 1 day refresher course - for people who have already completed the full course within the last 2 years.

Dates: Tuesday 13 November, 2018

Tuesday 5 March, 2019

Tuesday 7 May, 2019

Time: 9-4pm

Cost: Free

Venue: Specialist Services Hub, Anlaby Common, Hull (Sat Nav HU5 5HZ)

Contact: Sensory and Physical Teaching Service (01482) 394000 to book a place

Email: SpecialistServices.HUB@eastriding.gcsx.gov.uk

*Please note, course bookings will close 2 weeks prior to the course

Please note inclusion of services and sessions is not an endorsement or recommendation.

The next bulletin will be on Thursday 8 November. PLEASE NOTE IF YOU REQUIRE ANY INFORMATION TO BE ADDED TO THE BULLETIN CAN YOU SEND IT TO FISH BEFORE 12 NOON ON WEDNESDAY 7 November THANKYOU.

If you would like to submit information, news or events for inclusion in future FISH bulletins please email us at fish@eastriding.gov.uk (please note submission does not guarantee inclusion)

Families Information Service Hub (FISH)

FS32, County Hall, Cross Street, Beverley, HU17 9BA

Tel: (01482) 396469 Email: fish@eastriding.gov.uk

Web: www.fish.eastriding.gov.uk

Twitter: www.twitter.com/East_Riding

Facebook: www.facebook.com/eastridingcouncil

