



Edition 44 - Thursday 24 May 2018

Spotlight on...

NHS Supported Internship Program – Health Education England

Description of service:

The Supported Internship Program is a full time 38 week program delivered in partnership with Health Education England and the local NHS Trust, York Teaching Hospitals Foundation Trust. The program gives young people with learning differences, disabilities or autism the opportunity to develop core work based skills through a series of different work placements within NHS departments over an academic year. This is alongside an education day each week where young people will learn about work and developing work skills and also study towards improving their Maths and English.

Who can they help?

This program is for young people aged 16-24 with a learning difference, a disability or autism. We cater for all disabilities and a young person does not need a diagnosis to access our service but they do need to have an agreed Education and Health Care Plan in place from the local authority. Our program can be adapted to provide full time or part time work placement with or without one to one job coach support depending on individual needs

What happens next?

If you decide this is the program for you then you can apply through the contact details below and we will be happy to meet with yourself and your family/carers. You will then be invited in for an Initial Assessment to make sure that this program is suitable for you.

How much does it cost?

There is no cost to parents, carers or the young person for the program as it is funded through the Department for Education and is classed as the young person still being in full time education. There may be travel costs if local transport is used by the young person to get to their work placement but we can provide a bursary to help towards the cost of this if criteria is met. If young people are not independent travellers we can apply for funding for transport costs whilst we work towards developing their travel independence.

Who do I contact?

Karen Porter – NHS Supported Internship Area Manager – York Teaching Hospitals NHS Trust
Tel: 07917266636

Email: Karen.porter@hee.nhs.uk

FISH update

Calling all electively home educating parents! The Department for Education is currently undertaking a call for evidence and is seeking the views of parents who electively home educate their children. By following the link below you will find all the current guidance documents and the survey to be able to share your views.

The **deadline** for responding is **Monday 2 July 2018**.

web: <https://consult.education.gov.uk/school-frameworks/home-education-call-for-evidence-and-revised-dfe-a/>

Local offer update

The Sensory and Physical Teaching Service (SaPTS) – now has a new referral form on the East Riding Local Offer – Please click [here](#) to view.

Children and Young People Continuing Care page is now Live on the Local offer – please click [here](#) to view.

East Yorkshire Parent Carer Forum

General Data Protection Regulations - EYPCF won't be able to contact you after 25 May 2018 unless we have your consent.

You may be aware that new regulations around the way in which personal data is stored and consent is obtained will come into force from 25 May 2018. EYPCF takes this matter very seriously and never share any personal information without your consent. We have sent a letter to all our members to confirm personal details and to gain your consent to hold and store this information on our secure database. EYPCF use Mail Chimp to send emails so look out for our emails as sometimes they end up in your spam.

EYPCF Coffee Morning with Dr. Elizabeth Holmes, Educational Psychologist.

Dates: Friday 29 June 2018

Times: 10am to 12noon

Venue: Venue to be confirmed

EYPCF are currently planning a workshop to be held in coproduction with the Local Authority on disagreement resolution.

We will let you know the details once we have a date and a venue.

If you have any suggestions for future workshops and coffee mornings, please let EYPCF know.

SHORT BREAKS CONSULTATION – HAVE YOUR SAY:

Are you a parent or carer of a child or young person aged 0 – 25 years in receipt of short breaks? Short break services include receiving overnight short breaks, direct payments, personal budgets or a Freedom Activity Support Payment. Would you like the chance to influence the designing of future short break provision? East Riding of Yorkshire Council are working in coproduction with the East Yorkshire Parent Carer Forum to find out what you would like from a short break, what your idea of a short break is and what barriers you have experienced when accessing short break provision. Please click the link below to complete our short survey - Many thanks

<https://www.surveymonkey.co.uk/r/RGTZRP8>

Development of Community Mental Health Schemes - Survey

A recent government green paper consultation on Transforming Children and Young Peoples Mental Health Provision put forward the idea of community mental health support teams to be based in schools and to act a link between CAMHS and the schools. The East Riding Council is looking to develop this service and would welcome your views and ideas on what the new service should look like and how it can best support children and young people with their mental health and emotional wellbeing. Please complete the survey below, the results will be completely anonymous and please answer as few or as many of the questions as you wish. Many thanks.

<https://www.surveymonkey.co.uk/r/K8FY69Y>

Parent Carer Support Groups

There are a number of parent carer support groups running across the East Riding and surrounding areas. To view information about these groups please click [here](#).

To view National support organisations, please click [here](#) (These links will take you to the Local Offer website).

Services for children and young people with special educational needs and disabilities consultation - The East Riding of Yorkshire Council commission a number of services that are currently provided to children, young people and their families. These are statutory services and include:

- Independent Disagreement Resolution and Mediation Services
- Short Break Provision
 - short breaks for disabled children with severe and complex needs
 - youth groups for children with additional needs
- Information, Advice, Support and Advocacy Services

To help ensure that these services continue to meet the needs of service users and provide value for money, it is really important that we seek your views on the services currently provided. This feedback will help to inform how these services are delivered in the future.

Please come along to the **Evening** consultation / drop in sessions for **families/young people**. No need to book.

Venue: The Hexagon Music Centre, Coltman Avenue, Beverley HU17 9LP,

Date: Tuesday 29 May 2018

Time: 5pm - 8pm

Venue: Bridlington SPA, South Marine Drive, Bridlington, YO15 3JH

Date: Wednesday 30 May 2018

Time: 5pm - 8pm

Venue: Goole Council Offices, Church St, Goole DN14 5BG

Date: Thursday 31 May 2018

Time: 5pm - 8pm

Alternatively, you can provide feedback by completing this online **survey**
web: <https://www.snapsurveys.com/wh/s.asp?k=152458212366>

The survey is anonymous and can be completed by parents/carers or young people (aged 16-25). The **deadline** for completing the survey is **Friday 22 June 2018**.

If you have any questions or concerns please

Contact: Leigh Collins, Children's Commissioning and Quality Monitoring Officer

Tel: (01482) 396827

E-mail: childrens.commissioning.team@eastriding.gov.uk.

Feedback about Short Breaks - Parent Carer Workshop/Drop In Sessions

Are you a parent or carer of a child or young person aged 0 – 25 with special educational needs or a disability? If so, we are hoping to gain feedback from you about short breaks. A short break could be anything from an hour in a mainstream or specialist group (e.g. youth groups, Guides, Scouts, football groups) or a one to one (including through a personal budget or direct payment) to an overnight stay.

In order to help us design future service delivery, we would like to hear what your idea of a short break is, your experience with accessing short breaks and any barriers you may have encountered. If you're interested please book your place or alternatively, just turn up! If you are struggling with transport please let us know. If you're unable to make this date but would like to take part please email – we would love to hear from you.

Date: Friday 8 June 2018

Time: 10am – 11am

Venue: Market Weighton Children's Centre, Princess Road, Market Weighton, YO43 3BY

Date: Monday 18 June 2018

Time: 10am – 12pm

Venue: Bridlington North Library, Martongate, Bridlington, YO16 6YD

Date: Thursday 21 June 2018

Time: 10am – 12pm

Venue: Kingsway Children's Centre, Fountayne Street, Goole, DN14 5HQ

Contact: Kim Smith, Business Transformation and Improvement Officer

Tel: (01482) 391496

Email: kim.smith@eastriding.gov.uk

Beverley

Go-Kids-Go – Wheelchair Skills workshop – A great chance to meet other young wheelchair-users and to learn skills to help you become more independent. Extra wheelchairs provided for mums, dads, brothers and sisters to join in with the games. We welcome young people from 2 yrs upwards!

Dates: Sunday 1 July 2018

Times: 12noon – 4pm (Please bring a packed lunch)

Cost: Free to attend

Venue: Longcroft School Sports Centre, Burton Road, Beverley, HU17 7EJ

Contact: Go Kids Go to book your place on tel: (01482) 887163

Email: training@go-kids-go.org.uk

Music Living presents "**Gentle Concerts**" for people with SEND, dementia and isolated elderly people (open to any age). The concerts are made up of professional musicians from the East Riding. Please email your interest in attending and you will be contacted nearer the time to confirm and book your concert tickets.

Concert 1 - "Joy and Passion" (Friday), will be made up of 4 half hour music sessions with a short interval between them. You can attend any or all the sessions. The programme includes popular songs from the shows, so can be enjoyed by everyone and takes into consideration the needs of the audience.

Concert 2 - "Hope and Magic" (Saturday) will have only one half-time interval and will see artists with SEND performing, an under 11's choir from Beverley, the Westwood Bells, and a SEND Rock Band from London.

Date: Friday 14 September 2018

Date: Saturday 15 September

Times: 7pm

Cost: Free

Venue: Toll Gavel United Church, Beverley HU17 9AA

Contact: Denise Delahay for more information

Email: denise-delahay@hotmail.co.uk

Tel: (01482) 379934 or Mob: 07964059912

Beverley Leisure Centre – Pool Inflatable Session

The Inflatable is a tandem run obstacle course, race your friends along the course, weave through the rebound bars, skip through the hurdles, edge along the wall of doom, climb up the steps to the slides. The inflatable is suitable for children up to the age of 14 years. Under 8s must be accompanied by an adult as per the Safe Swimming Policy.

Dates: Saturdays

Times: 2 - 2.45pm & 3 - 3.45pm

Cost: Contact centre for price

Venue: Beverley Leisure Centre, Flemingate, Beverley, HU17 OLT

Contact: (01482) 395230

Hull & East Riding National Autistic Society (HERNAS) support group

Dates: First Wednesday of the month

Times: 12.30pm-2.30pm

Venue: Norwood Methodist Church Hall, Beverley, HU17 9HN

Contact: Jackie on tel: 07917 040380

Email: hulleastriding@nas.org.uk

Web: <http://hulleastridingnas.weebly.com/>

Bridlington and Driffield

Sewerby Hall – Rustic Storytime: Robin Hood – Choose sides as the woodland creatures create a performance from their trunk of epic adventure stories! Sing songs with the outlaws and feast at the Sheriff's banquet as you discover the greatest legend of our time – Robin Hood!

Dates: Tuesday 29 May 2018

Times: 11.30am, 12.30pm, 1.30pm and 2.30pm

Cost: Entry: Adult £7.50 term time, £8.00 holidays, Children £5.40 term time, £5.90 holidays

Venue: Sewerby Hall and Gardens, Sewerby, Bridlington, YO15 1EA

Contact: (01262) 673769

Sewerby Hall – Magic Day – Balloon modelling, temporary tattoos and face painting.

Interactive magic shows in the Orangery

Dates: Wednesday 30 May 2018

Times: 12.30pm and 2.30pm.

Cost: Entry: Adult £7.50 term time, £8.00 holidays, Children £5.40 term time, £5.90 holidays

Venue: Sewerby Hall and Gardens, Sewerby, Bridlington, YO15 1EA

Contact: (01262) 673769

Sewerby Hall – Sport, Play and Arts: Family Classic Games - Visitors can try out numerous classic outdoor games aimed at all the family including mini tennis and croquet.

Dates: Friday 1 June 2018

Times: 12noon - 3pm

Cost: Entry: Adult £7.50 term time, £8.00 holidays, Children £5.40 term time, £5.90 holidays

Venue: Sewerby Hall and Gardens, Sewerby, Bridlington, YO15 1EA

Contact: (01262) 673769

Exclusive Swimming & Splash Zone Session

Date: Saturday 2 June 2018 6:15 pm - 7:45 pm.

Time: 6.15 –7.45 pm

Cost £3 per person.

Venue: Bridlington Leisure Centre, Promenade, Bridlington, YO15 2QQ

Contact: To book this activity or for more information please contact Tony on 07837 225618.

web: <http://www.eastridingleisure.co.uk/bridlington/swimming/>

Haltemprice

Maxi Fun Family Fun Swim Night – for children/ young people with disabilities

Date: Fridays 25 May & 1 & 8 June 2018

Time: 7.30-9 pm

Cost: £2 per person

Venue: Haltemprice Leisure Centre, 120 Springfield Way, Anlaby, HU10 6QJ

Contact: Just turn up or for further information ring Tony 07837 225618

Maxi Fun Soft Play & Bouncy Castle Party – for children/ young people with disabilities

Date: Saturday 26 May 2018

Time: 3.30- 4.30 pm Party tea 4.30-5 pm.

Cost: £2 for play or £3.50 per child for food.

Venue: Haltemprice Leisure Centre, 120 Springfield Way, Anlaby, HU10 6QJ

Contact: You MUST text Amy to book this if you are staying for food on tel: 07837 603327 .

Holderness

Bader Braves Young Aviator Day - The Douglas Bader Foundation invites all young people between the ages of 6-18 years, with a physical or learning disability, and up to three other family members to come along to enjoy a taster flight in a light aircraft.

Dates: Friday 1 June 2018

Times: between 10.00am -4pm

Cost: Free - generously provided courtesy of the Hull Aero Club Members

Venue: Hull Aero Club, Beverley (Linley Hill) Airfield, Linley Hill, Leven, HU17 5LT

Contact: Keith Delderfield for more information, discuss suitability and requirements. Please book your place on line or contact Keith on

Tel: 07831 596015

Email: keith.delderfield@btinternet.com or book on line

Web: <https://www.douglasbaderfoundation.com/?p=2143333896&future=true>

Spaces are limited, so don't miss out!!

Active Coast – Withernsea Paddle – A 9 miles walk that could lead to some interesting fossil finds on the beach. Bring food, water, waterproofs and wear suitable shoes.

Dates: Friday 11 May 2018

Times: 10 am start

For further route details, timings and meeting points and booking your place

Contact: www.Activecoast.org

East Riding Leisure Hornsea – Pre School Session – Soft play in the sports hall including a bouncy castle, trikes, bikes followed with juice and biscuits.

Dates: Tuesdays

Times: 9.30 - 10.30am

Cost: £2.20

Venue: East Riding Leisure Hornsea, Broadway, Hornsea HU18 1PZ

Contact: (01964) 533366

Hull and District Cerebral Palsey Society - Adapted Caravan Hire:-

The adapted caravan is on the popular site, Patrington Haven Holiday Park, which is also disability accessible and it is available to book at very reasonable prices.

This provides an excellent much needed short break facility and is available to members and non members to book.

For full information regarding the caravan, the site, photographs and booking details please see the relevant section on the website.

Web: <https://www.cerebralpalsyhull.org.uk/caravan>

Contact: If you would like any further information or to book the caravan please

Email: caravan@cerebralpalsyhull.org.uk or

Tel: Sheena on 07818441166.

One Step Ahead - a community group for children (aged 4-16 years) with additional needs - no diagnosis needed. siblings welcome.

Date: Every Thursday (term time)

Time: 5.00 till 6.30pm

Cost: FREE

Venue: Withernsea Children's Centre, Withernsea HU19 2EQ

Contact: For more information please contact Cordie tel: 07484291991 or Gemma tel: 07970776032

Special Stars Foundation – Densholme Farm Activity Day

Read more about this fantastic place here: <http://www.densholmefarm-action.co.uk/>

Please note if you attended in March, you will not be able to attend this trip as we want to be fair to our members and help as many people to go as possible

Please bring a packed lunch and appropriate clothing such as wellies, waterproof.

Date: Monday 3 July 2018

Time: 10.00am – 2.00 pm

Cost: £2.00 per person

Venue: Densholme Care Farm, Hull Road, Great Hatfield, HU11 4UX

Goole

Managing Anger Seminar - This seminar is full

Date: Wednesday 6 June 2018

Time: 10am – 2.30pm

Tea and coffee will be available but please bring a packed lunch.

Cost: FREE

Venue: Marshlands Children's Centre, Hall Road, Goole, DN14 5UE

Contact: Technical Support Officers on tel: (01482) 392254

Email: scdpanelenquiries@eastriding.gov.uk

Wolds and Dale

Market Weighton Autism Parent Carer Support Group - Morning meetings

Dates: First Friday of the month

Times: 9am - 12 noon

Cost: Free

Venue: Market Weighton Children's Centre, Princess Road, Market Weighton YO43 3BY

Tel: 07952 269817

Email: mwareaautismsg@gmail.com

Francis Scaife Sports Centre, Pocklington – Seascooters

Dates: Tuesday 29 May - Friday 1 June

Times: 9 - 9.45am

Dates: Saturday 2 June

Times: 4-4:45pm

Cost: £4.70

Venue: Francis Scaife Sports Centre, 48 Burnby La, Pocklington, York, YO42 2QE

Contact: (01759) 305052

East Riding wide and Hull/York catchment

Tiger's Trust – Various multi-sports and football sessions for children, young people and adults with disabilities.

Tel: (01482) 358371

E-mail: adam.newton@tigerstrust.co.uk

Web: <http://tigerstrust.co.uk/#disabilities>

Hull & East Riding National Autistic Society (HERNAS)

HERNAS Teen social group

for young people aged 11-20+ years with Autism and Asperger's

Date: Every other Wednesday

Times: 6:00-8:00pm

Cost: £1.00 per young person (parent/carer has to stay in building).

Venue: Lonsdale Community Centre, Lonsdale Street, Hull, HU3 6PA

HERNAS Teen Group

for young people aged 11-20+ years with Autism and Asperger's

Date: Every other Wednesday

Times: 6:30-8:30pm

Cost: £2.00 per child (parent/carer has to stay in building)

Venue: Ings Centre, Savoy Road, Hull, HU8 0TX

HERNAS Family Fun Group

Date: The last Saturday of every month

Times: 10.30am-12.30pm

Cost: £1.00 per child

Venue: Lonsdale Community Centre, Lonsdale Street, Hull, HU3 6PA

HERNAS Contact: Jackie on tel: 07917 040380

Email: hulleastriding@nas.org.uk

Web: <http://hulleastridingnas.weebly.com/>

Aim Higher - Empowering families facing Autism, Mental Health and Educational Barriers for children and young people 0-25

Dates: First Wednesday of the month

Times: 10.30am – 12.30pm

Cost: Free

Venue: Special Stars, 171 High Street, HULL, HU1 1NE

Email: info@aimhigher.online

Web: <https://aimhigher-online.weebly.com/>

OCD support - Support for people who are affected directly or indirectly by Obsessive-Compulsive Disorder (OCD), BDD and hoarding symptoms. We welcome anyone aged 16 years + (under 18's must be accompanied by an adult).

Dates: The 1st Monday of the month

Times: 7pm – 8.45pm

Cost: Free

Venue: Quaker Meeting House, Bean Street, Anlaby Road, Hull, HU3 2PR

Tel: 07505823504 (call/text)

Email: OCDsupport@hotmail.co.uk

Web: <http://ocduk.org/>

Maxi Fun Bowling – for children/ young people with disabilities

Date: Mondays 28 May 2018 and 4 June 2018

Time: 5 pm

Cost: £3.50 (for 2 games & small meal) (Guests £7)

Venue: Hollywood Bowl, Kingswood, Gibraltar Road, HU7 3DB

Contact Book with Tony 07837 225618

Special Stars Foundation – a registered charity supporting people with disabilities and their families, in Hull and East Yorkshire. New events are being organised all the time, please check the website for more details, booking and an up-to date list.

Tel: (01482) 227657

Email: bookings@heyspecialstars.co.uk

Tickets &Bookings: www.heyspecialstars.co.uk/shop

Web: www.heyspecialstars.co.uk/events

Special Stars Foundation - Sunday Club

Dates: Sunday 27 May 2018

Time: 2:30pm-4pm

Cost £1 per person

Venue: Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

Special Stars Foundation – Gravity Inclusive Trampoline Session

Date: Saturday 2 June 2018

Time: 10:00am-11:00am

Cost: £5 per person jumping, including carers / siblings.

Venue: Gravity Trampoline Park, St Stephens Shopping Centre, Hull, HU1

Special Stars Foundation – E-Learning in a variety of topics.

Dates: Wednesday 30 May 2018

Time: 10.30am – 12.00pm

Cost: FREE

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Sounding Special - Music and Makaton group

Date: Saturday 26 May 2018

Time: 10.30m – 12.30pm

Cost: £1.00 per child.

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Inclusive Disco 18+ for Adults with Additional Needs

Date: Monday 28 May

Time: 7pm – 10pm

Cost: £4.00 – Free entry for carers

Venue: Hull YPI Centre, Chanterlands Avenue, Hull, HU5 4EF

Pottery for Adults with a Disability 18+

Date: Friday 15 June 2018

Time: 1.30pm – 3.00pm

Cost: FREE

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Social Group for Adults with a Disability 18+

Date: Friday 25 May 2018

Time: 10.00am – 12.00pm

Cost: FREE

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Free Oral Health Course for Parents and Carers Course

Date: Thursday 27 September 2018

Time: 10.00am – 12.00pm

Cost: FREE

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Inclusive Dance- for families with children and young people with special needs.

Date: Saturday 16 June 2018

Time: 10.00 – 11.00am

Cost: £2.00

Venue: Victoria Dock Village Hall, South Bridge Road, Hull, HU9 1TY

Craft Afternoon for Parent/Carers

Date: Wednesday 30 May 2018

Time: 1.00 – 3.00pm

Cost: £5.00 per person

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Craft Morning for Adults with Disabilities delivered by Traenerhus

Date: Friday 1 June 2018

Time: 10.00 – 12.00pm

Cost: £3.00 per person

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Hydrotherapy Session – Tweendykes Special School

Special Stars Foundation require 24 hours notice for cancellations

Date: Wednesday 30 May 2018, Friday 1 June 2018

Time: 10.00 – 11.00am & 11.00 – 12.00 pm

Cost: £1.50 per person swimming

Venue: Tweendykes Special School, Tweendykes Road, Hull, HU7 4XJ

Makaton Beginner's Workshop (2 Day Course)

Date: Day 1 – Wednesday 7 June 2018, Day 2 – Wednesday 14 June 2018

Time: 9.00am – 4.30 pm (both days)

Cost: £30.00 Parent/Carers £60.00 for Professional's

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Makaton Follow up Workshop (2 Day Course)

Participants must have completed the Beginners' Workshop

Date: Thursday 13 September 2018 – Day, Thursday 20 September 2018 – Day 2

Time: 9.30 am – 4.00pm (both days)

Cost: £30.00 Parents/Carers £60.00 for Professionals

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Private 1 – 1 Physiotherapy Sessions

Date: Friday 1 June 2018

Time: 30 minute session between 1.00 pm – 3.30 pm

Cost: £15.00

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Everyone can (formerly Aidis Trust) – Assistive Technology Seminar and Assessments

- a seminar on current assistive technology aids and equipment for people with profound and complex physical disabilities and / or their family and carers to attend.

Date: Wednesday 13 June 2018

Time: 10.00. – 12.00 pm Seminar, 12.00 – 4.00pm Assessments

Cost: Free

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Understanding Cerebral Palsy course delivered by Tracy from the Hull and District Cerebral Palsy Society

Date: Saturday 9 June 2018

Time: 1.00 pm – 3.00 pm

Cost: Free

Venue: 171 High Street, Hull, HU1 1NE

Special Stars Foundation – Densholme Farm Activity Day

Read more about this fantastic place here: <http://www.densholmefarm-action.co.uk/>

Please note if you attended in March, you will not be able to attend this trip as we want to be fair to our members and help as many people to go as possible

Please bring a packed lunch and appropriate clothing such as wellies, waterproof.

Date: Monday 3 July 2018

Time: 10.00am – 2.00 pm

Cost: £2.00 per person

Venue: Densholme Care Farm, Hull Road, Great Hatfield, HU11 4UX

National News

RP Fighting Blindness - Information Day in Leeds focusing on Inherited Retinal Dystrophies and syndromes, including retinitis pigmentosa and Usher syndrome.

RP Fighting Blindness is a leading medical research charity and national patient group. We provide information and support to individuals and families affected by inherited retinal disorders and related syndromes.

Dates: Friday 20 July 2018

Times: 10.00am - 4.00pm

Cost: free of charge

Venue: Leeds Society for Deaf & Blind, The Centre, St Mary's Street, Leeds, LS9 7DP

Contact: RP Fighting Blindness Office if you have any questions or would like to attend the event.

Tel: 01280 821334 / **Email:** services@rpfightingblindness.org.uk

Autism and Mental Health Conference 2018

Dates: Wednesday, 12 September 2018

Times: Registration between 8.00am and 8.30am

Cost: From £175 +VAT

Venue: The Hilton Leeds City Hotel, Neville Street, Leeds, LS1 4BX

Contact: National Autistic Society website

https://learn.autism.org.uk/ehome/index.php?eventid=200178882&utm_source=AutismInsight17May2018&utm_medium=email&utm_campaign=AutismInsight17May2018&utm_term=email&utm_content=Event6A&dm_i=YA3,5N9X4,RBINZR,LYNAZ,I

Newsletters

Autism Insight newsletter to view [Click](#) here.

Cerebra Mental Health Newsflash [View this newsletter in your browser.](#)

Cerebra guides on dealing with anxiety and improving your child's emotional wellbeing:

- **Anxiety: A guide for parents.** Information on how to spot the signs of anxiety in children and what can be done.
- **Improving the well-being of young children with learning disabilities.** Information on improving family life as well as advice on how to look after yourself.
- **Factsheet: Emotional well-being for parents/carers of children with a learning disability.** Tips on how to look after your own emotional well-being as a parent.

Please note inclusion of services and sessions is not an endorsement or recommendation.

The next bulletin will be on **Thursday 8 June 2018**. PLEASE NOTE IF YOU REQUIRE ANY INFORMATION TO BE ADDED TO THE BULLETIN CAN YOU SEND IT TO FISH BEFORE 12 NOON ON WEDNESDAY 7 June. THANKYOU.

If you would like to submit information, news or events for inclusion in future FISH bulletins please email us at fish@eastriding.gov.uk (please note submission does not guarantee inclusion)

Families Information Service Hub (FISH)

FS32, County Hall, Cross Street, Beverley, HU17 9BA

Tel: (01482) 396469 Email: fish@eastriding.gov.uk

Web: www.fish.eastriding.gov.uk

Twitter: www.twitter.com/East_Riding

Facebook: www.facebook.com/eastridingcouncil

