

SEND NEWSLETTER

Issue 6 November/December 2018

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SPECIAL EDUCATIONAL NEEDS AND DISABILITY INFORMATION FOR PROFESSIONALS,
PARENTS/CARERS, CHILDREN AND YOUNG PEOPLE, AND VOLUNTEERS



Welcome to the November/December 2018 edition of the SEND Newsletter. The aim of this newsletter is to keep you up to date with information about special educational needs and disability, especially what's going on in our local area.

This edition contains information on the following:

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WOULD YOU LIKE TO SUBMIT AN ARTICLE?

Please contact:

Ellie Gray

SEND Strategic Manager

Email: ellie.gray@eastriding.gov.uk

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SENCo CONFERENCE 2018

SENCo Conference

This year's SENCo Conference was held on Wednesday 24 October at Bridlington Spa and was attended by 88 SENCos from nursery, primary, secondary and special schools across East Riding. The theme of the conference was 'Shaping the Future for our Children and Young People'. We had three key note speakers whose presentations focused on how to support and enable children and young people of East Riding to be successful in achieving their aspirations. The speakers were:

Tom Bennett (Behaviour Professional Adviser and Author). Tom Bennett is the founder of researchED, a grass-roots organisation that raises research literacy in education. Since 2013, researchED has visited three continents and six countries, attracting thousands of followers. In 2015 he became the UK government's school 'Behaviour Czar', advising on behaviour policy. He has written four books about teacher training, and in 2015 he was long listed as one of the world's top teachers in the GEMS Global Teacher Prize. In the same year he made the Huffington Post's 'Top Ten Global Bloggers' list. His online resources have been viewed over 1,200,000 times.

Natalie Packer (Education Consultant and Author). Natalie is an Independent Education Consultant, specialising in SEN and school improvement. She develops and delivers a wide range of training and support to schools and regularly carries out SEN reviews. Natalie is an Associate Consultant for the National Association for Special Educational Needs (NASEN), and a consultant governor for a large 4-18 school in Dubai. She is also a trustee of a multi-academy trust in the East Midlands. Natalie regularly contributes to online Special Educational Needs (SEN) articles and webinars and is the author of The Perfect SENCO and The Teacher's Guide to SEN.

André Imich (Special Educational Needs and Disability Professional Adviser). Since April 2010, André has worked as the Department for Education's Special Educational and Disability Professional Adviser, contributing to a range of policy developments, in particular the Children and Families Act. André has been a teacher and educational psychologist and held a number of practitioner and leadership roles in local authorities. He was a Regional Director in the National Strategies SEN Adviser team, and was an adviser to the Lamb Inquiry into parental confidence.

Councillor Julie Abraham (Portfolio Holder for Children Young People and Education) welcomed everyone to the conference, and Dr Jackie Lown (Head of Children and Young People, Specialist Services) and Ellie Gray (SEND Strategic Manager) provided updates on recent SEND developments. There were two information sessions - one by TYLER (The Young Leaders of East Riding), which was supported by Aneliese Woodmansey from FISH (Families Information Service Hub), and the other from East Yorkshire Parent Carer Forum (EYPCF) - led by Sheena Withers (Co-Chair).

The conference provided SENCos with an opportunity to view information and seek advice from various stall holders, including The Behaviour Support Team, East Yorkshire Parent Carer Forum, Carol Burton Puppets, ERYC Supplies and TYLER.

Feedback was generally positive, particularly so regarding information on different approaches to managing behaviours. Feedback on the format of the day was mixed, with some enjoying a full day of presentations, and others preferring the breakout workshops style from previous years. Feedback will be used to determine the format for next year.

The conference organisers were Elaine Bowers (Secondary Improvement Advisor), Elizabeth Holmes (Principal Educational Psychologist) and Louise Copley (Senior Learning and Development Officer).

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Case Study – SEND Inclusion Good Practice

St Anne's School and Sixth Form College is an "Outstanding" school, catering for children and young people aged two to nineteen with severe and complex needs.

Currently we have 159 children and young people on roll all with diverse needs. The school's population has gradually increased over several years as have the pupils / students' needs. In response to this, we have worked hard with a range of main stream primary settings to establish inclusion links, to the extent that over time our Inclusion links have flourished to the benefit of all pupils, both within our setting and the mainstream setting. Most pupils in our

lower school now spend a weekly session in a mainstream class in a local school. This has mutual benefits for all pupils in terms of developing social and inter personal skills and gaining an understanding of diversity. Pupils often engage in a "buddy" system during art, music, PE sessions enabling pupils from both schools to work together towards a learning outcome.

This year a new initiative has taken place. Two pilot groups of different pupils have been given the opportunity to spend two days a week for one group and one day a week for the other group, based in a mainstream school enabling them to share break and lunch times with mainstream peers and to integrate into mainstream classes with staff support. We are grateful to the staff from St Anne's and those in the mainstream setting who support and embrace these opportunities.

Head teachers Mr Russ Orr (North Ferriby Primary), and Mr Richard Winks have commented:

Russ stated, "We have enjoyed links with St Anne's for several years now and the impact on our children has been phenomenal. Initially we had a group of children from St Anne's who visited one of our Y3/4 classes once a week to join in with their music session. This was fantastic for our children as it developed their empathy, gave them a better awareness of diversity and vastly improved their nurturing skills. Over the years our links have expanded so that more and more of our children have been able to benefit from these experiences. We still have a group joining in with our music and they also take part in PE lessons too. In addition we have a group of 6th Form students who are keeping on top of our wild wooded areas as part of their DofE and their studies. Over the years we have had a number of students who have been jointly educated across the two schools and at the moment we are lucky enough to have a whole class of students housed in our building for 2 days a week.

Not only has it been a fantastic opportunity for our children, it has been a brilliant support for our staff as they have been able to tap into the excellent expertise and experience that is available throughout the staff at St Anne's. We look forward to what the future may bring".

Richard commented "This has been an exciting and successful initiative for our school. Our children thoroughly enjoy learning and playing alongside their friends from St Anne's and look forward to them visiting us for a day a week".



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ELSA: Supporting with Loss and Bereavement

ELSAs receive training in providing support to children and young people who experience loss or bereavement for a variety of reasons such as death or divorce. Here are few key points for ELSAs supporting children and young people in this area (please share this information with your school's ELSAs):

Things to consider before starting:

- Develop your awareness of a child or young person's understanding of death – see the Child Bereavement UK Schools Information Pack (web link below).
- Reflect on your own feelings first and consider if you feel able to talk about death.
- Check your knowledge of the situation to avoid confusion i.e. the nature of the loss.
- Work in collaboration with the family and maintain communication.
- Consider and plan how you might respond to difficult questions.

Engaging in therapeutic conversations:

- Develop a rapport, build a relationship and create a safe space to talk.
- Conversations should be led by the child or young person.
- Be honest. It is ok to say "I don't know".
- Avoid using confusing euphemisms e.g. "passed away"
- Normalise emotions e.g. explain that it is ok to be curious about death.
- Apply the 'Goldilocks' Principle' when answering questions – don't say too much/little.

Ideas for activities:

- Review emotional literacy skills e.g. their awareness of emotions (self and others), and their ability to express emotions.
- Ways of remembering e.g. create a memory book/box/jar.
- Explore the concept of death e.g. through reading therapeutic stories.
- Creative expression e.g. through writing (story/poem/song) or art (drawing/collage).
- Explore change e.g. create a timeline of life events. What is the same or different? Was this change big or little? How did it make you feel?
- Explore coping strategies and reflect on what helps e.g. create a first aid kit.
- Saying goodbye e.g. discuss past examples and reflect on associated feelings.

Loss and Bereavement Websites:

Child Bereavement Network: <http://www.childhoodbereavementnetwork.org.uk/help-around-a-death/what-you-can-do/schools-professionals.aspx>

Child Bereavement UK: <https://childbereavementuk.org/for-schools/>

Winston's Wish: <https://www.winstonswish.org/supporting-you/support-for-schools/>

Cruse Bereavement Care: <https://www.cruse.org.uk/schools>

Hope Again: <https://www.hopeagain.org.uk/>

Sudden: <http://www.suddendeath.org/help-for-professionals/supporting-suddenly-bereaved-children>

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ELSA News

ELSA News

We recently completed another round of ELSA training and we now have around 215 trained ELSAs working in primary, secondary and special schools across the East Riding. In the next ELSA training, we will give priority to those schools without an ELSA. To book a place on a future ELSA training course, please contact Jane Hearsey by telephone (01482 392254) or email (eis.support@eastriding.gov.uk).

Please could all currently practicing ELSAs complete the questionnaire that was recently sent out? The questionnaire asks ELSAs to share their experiences regarding their role as an ELSA, and the information collected will be used as part of our on-going service commitment to supporting ELSAs within their role. If you could complete and send back by 18th January 2019. Thank you.

We are still interested in hearing more about ELSA's experiences in their role and would like to invite ELSAs to write a short piece to be included in a future SEND Newsletter: 'A Day in the Life of an ELSA'. Please continue to send in your ideas, suggestions and resource references for future newsletters to: Naomi.Angel@eastriding.gov.uk



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Do you know someone aged between 14 – 25?

Are they passionate about making a difference to young people's lives?

T.Y.L.E.R (The Young Leaders of East Riding) are looking for young people's views and opinions on bullying. The group have 3 questions they would like young people to answer so they can feedback about the impact bullying has on young people's lives to the Local Council.

- 1. How does bullying impact on young people's lives, how does it make them feel?**
- 2. Do you think there is enough support for young people that have or are experiencing bullying?**
- 3. What support do you think can be put in place to help people being bullied or that have experienced it?**

T.Y.L.E.R would really appreciate your feedback so they can continue to make a difference to young peoples lives and make sure there is support available.

If you would like to answer the questions, please send your answers to aneliese.woodmansey@eastriding.gov.uk. All answers will remain confidential and anonymous.

For further information please contact Aneliese on (01482) 396469.

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Sensory and Physical Teaching Service – Training Dates

SaPTS has a number of training courses for professionals working with children and young people with SEND, and also courses for parents, carers and families. The courses are in:

- Hearing awareness
- Vision awareness
- Living with a child with a hearing / vision impairment
- PE and sport for children with a hearing, vision or physical disability
- Moving and handling children and young people who cannot move themselves
- Developmental Coordination Difficulty
- Handwriting

Please see information below and overleaf – to book a place on any course, contact Sensory and Physical Teaching Service, Tel. 01482 394000 or email: specialistServices.HUB@eastriding.gcsx.gov.uk Courses are free.

We can also offer bespoke courses in ERYC educational settings or to groups of professionals, these courses are also free but we do like a cuppa and a nice biscuit!

We have a number of lovely new advice leaflets which are available to download from our Local Offer page or in hard copy from the SaPTS office (Tel: 394000)

Supporting Pupils with Hearing Impairment

This course is aimed at SENDCos/Teachers with an interest in learning about hearing impairment and how to support hearing impaired pupils in the classroom.

Aims of the course

Types of hearing loss, including conductive

Deaf Awareness

Strategies to support pupils with HI

Phonics for HI Pupils

Date Monday April 1st 2019

Time 4pm–6pm

Venue The Hub, Anlaby (TBC)

Developmental Coordination Disorder and Motor Skill Difficulties

This course is aimed at SENDCos, Teachers and Teaching Assistants with an interest in supporting children with motor skill or coordination difficulties.

Aims of the course

Understand more about the challenges pupils face

Have some practical strategies to help

See and try a range of useful resources

Date: Wednesday 3rd April 2019 in Pocklington

Time: 1–3:30pm

Venue: TBC

Cost: Free

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Sensory and Physical Teaching Service – Training Dates



Introduction to Handwriting

This course is aimed at SENDCos/Early Years Teachers and anyone with an interest in improving children's handwriting.

Aims of the course

- pre-handwriting skills
- how to teach handwriting
- strategies to support handwriting difficulties
- suggesting resources

Dates

- Thursday 31st January—Goole
- Thursday 21st March—Hedon
- Thursday 27th June—Bridlington
- Tuesday 4th July—Hessle
- Time: 1-4pm

Venue: TBC

Cost Free

Moving and Handling

This course is aimed at professionals who work with pupils who cannot physically move themselves.



Aims of the course

- Legal Responsibilities
- How to Move Pupils Safely
- Hoist Training (if appropriate)
- Looking After Yourself when Handling

Full Course (2 days)

- Wed 16th & Thu 17th January, 2019
- Tue 11th & Wed 12th June, 2019

Refresher (1 day) - for people who have already completed the full course within the last 2 years

- Tue 5th March, 2019
- Tue 7th May, 2019
- Time: 9-4pm Cost: Free

Venue: Specialist Services Hub, Anlaby Common, Hull (Sat Nav HU5 5HZ—Springhead Ave)

To book a place on any of the above courses, contact :
Sensory and Physical Teaching Service Tel. 01482 394000
SpecialistServices.HUB@eastriding.gcsx.gov.uk
*Please note, course booking will close 2 weeks prior to the course

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Jargon Buster

Although we try and keep jargon and acronyms to a minimum, within a professional context they do, inevitably, find their way into reports, information and even this newsletter! We always try to ensure that, with the first use of the acronym or phrase, we write it in full in the first instance, before following it up with the shortened version.

We have received feedback from parents/carers that it would be helpful to include a jargon buster in this newsletter in order to ensure that information circulated is accessible to all. Please find listed below, the most commonly used acronyms within special educational needs and disability:

CCG	Clinical Commissioning Group
CQC	Care Quality Commission
CTB	Children's Trust Board
EHaSH	Early Help and Safeguarding Hub
EHCCO	Education Health and Care Commissioning Officer
EHCP	Education health and care plan
ELSA	Emotional Literacy Support Assistants
ERYC	East Riding of Yorkshire Council
EP	Educational Psychologist
EYCCG	East Yorkshire Clinical Commissioning Group
EYPCF	East Yorkshire Parent/Carer Forum
FISH	Families Information Service Hub
HWBB	Health and Wellbeing Board
IAG	Information advice and guidance
JSNA	Joint Strategic Needs Assessment
KIDS	KIDS – Charity for children and young people with SEND
LA	Local Authority
LDA	Learning Difficulties Assessment
MACRO COMMISSIONING	Assessing needs and commissioning service wide provision to meet those needs
MCA	Mental Capacity Act
MICRO COMMISSIONING	Commissioning provision for individual children and young people
NHS	National Health Service
SaPTS	Sensory and Physical Teaching Service
SEF	Self Evaluation Framework
SEN	Special Educational Needs
SENCo	Special Educational Needs Co-ordinator
SEND	Special educational needs and/or disability
SENDIASS	Special Educational Needs and Disability Information, Advice and Support Service
TYLER	The Young Leaders of East Riding

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Local News In Brief

0-25 SEND Training and Development Group

We want to make sure that everyone working within the Children's Families and Schools (CFaS) Directorate has the appropriate training to enable them to feel confident and competent to support children and young people with special educational needs and/or disability.

We have three core e-learning packages that we are encouraging professionals to complete. These are:

1. Special Educational Need and Disability
2. Mental Capacity Act Module 1 - Supporting People to Make Their Own Decisions
3. Basic Autism Awareness

You can access these through the Training app on 'My Intranet'.

Youth Coalition Groups – Logo Competition!

Calling all young artists in the Beverley, Bridlington and Withernsea area.....

The Youth Coalition Groups in these areas would like children and young people to design a logo to help promote all the local groups, services and activities.

There will be a different logo for each of the Youth Coalition Groups and will need to relate to the young people and the area for which you are submitting your logo design. There will be a prize for the overall winner and two runners up.

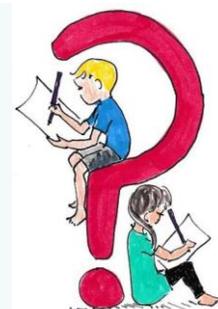
If you have any questions, please email: steve@ervas.org.uk or call 01482 871077

Competition entries need to be sent in by **Wednesday 23rd January 2019**.

You can enter your design by emailing it to steve@ervas.org.uk or you can post it to: Steve Heath, ERVAS, Morley's Yard, Morley's Cottage, Beverley, HU17 9BY.

Or message us via the Beverley, Bridlington or Withernsea Youth Facebook page, or tweet us at: @ErvasYouth

Please ensure you write your name and a contact telephone number on the back of your entry, and let us know which Youth Coalition Group the logo is for (Beverley, Bridlington or Withernsea).



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National News In Brief

Mental health and wellbeing provision in schools

The Department for Education (DfE) has published a report summarising findings from a research project looking at the information schools in England provide to support their pupils' wellbeing and mental health. Findings from a study involving 45 secondary schools, 45 primary schools and 10 special schools include: a variety of approaches, interventions, and support were identified in schools' policies that can contribute towards the promotion of mental health and wellbeing; schools would benefit from further awareness, advice and resources to enable stand-alone interventions to be further embedded within whole-school strategies that promote the mental health and wellbeing of all pupils.

Source: [DfE](#)

Further information: [Mental health and wellbeing provision in schools: review of published policies and information: research report \(PDF\)](#)

Mental health training for school staff

UCL Institute of Education has published findings from research looking at the impact of mental health training for school staff in England. Responses to a questionnaire sent to 1,000 school staff who had undertaken or were due to take Youth Mental Health First Aid (MHFA) training show that: 30% of respondents who had not yet taken the training were highly confident about their ability to support young people with mental health issues, compared to 59% of respondents who had received training less than a term ago and 87% who had received training one to three terms ago.

Source: [UCL](#)

Children and young people with learning disabilities

The Institute of Health Equity (IHE) at University College London has summarised research into the health inequalities for people with learning disabilities, including children and young people. Findings include: compared with the general population, children with learning disabilities are more likely to be bullied; children and young people with learning disabilities are more likely to live in poverty, have worse mental health and display more risky health behaviours; girls with learning disabilities are more likely to be exposed to poverty and bullying compared with their female peers without learning disabilities.

Source: [IHE](#)

Further information: [A fair, supportive society: summary report \(PDF\)](#)

Read more on NSPCC Learning: [Safeguarding d/Deaf and disabled children](#)

A new approach to assessing children with complex needs to replace p-scales from 2020:

<https://www.gov.uk/government/news/pioneering-new-approach-to-assessing-pupils-with-complex-disabilities-to-be-introduced-in-schools>

The Department of Education has published new guidance on how schools can support pupils whose mental health problems manifest themselves in behaviour. The guidance was first published in 2014 but has been updated "with information about school responsibilities, and how to identify behaviours that may be related to a mental health problem. Also working with other professionals and external agencies, and where to find extra support".

<https://www.gov.uk/government/publications/mental-health-and-behaviour-in-schools--2>

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LOCAL CONTACT INFORMATION

Children's Commissioning and Quality Monitoring Team

County Hall, Cross Street, Beverley, HU17 9BA

For EHCP enquiries:

Telephone: (01482) 392163

Email: send.enquiries@eastriding.gov.uk

For commissioning and contract enquiries:

Telephone: (01482) 392254

Email: childrens.commissioning.team@eastriding.gov.uk

0-25 SEND Team

The Hub and Specialist Services,

Springhead Lane

Anlaby Common

Hull

HU5 5YJ

Telephone: (01482) 394000 Email address to be published soon.

Family Information Services Hub (FISH)

Free, impartial service for children, young people, parents/carers and the people who support them:

Telephone: (01482) 396469

www.fish.eastriding.gov.uk

SEND Information, Advice and Support (SENDIASS)

SENDIASS offers impartial, confidential information, advice and support for parents and carers of children and young people (aged 0-25) with special educational needs or disabilities and those who support them;

Telephone: (01482) 396469

Email: sendiass@eastriding.gov.uk

East Yorkshire Parent/Carer Forum (EYPCF)

East Yorkshire Parent Carer Forum (EYPCF) works with the East Riding Council and health partners to help improve services for parents and carers of children and young people with special educational needs and disabilities. They consult with parents and carers all across **the East Riding about what works well and any issues they may have.**

Tel: (01262) 678283,

Mobile: 07813676941 ,

Email : admin@eypcf.co.uk

KIDS 16-25 SEND Information, Advice and Support Service

A young people's information, advice, support and advocacy service.

The information and support enables young people to participate in decisions about their future and is impartial, confidential and accessible.

Telephone: (01482) 467540 (Office)

Email: enquiries.yorkshire@kids.org.uk